"SAMIKSHA FOUNDATION – CARING FOR CHILDREN WITH CANCER TRUST" A CREATIVE LEARNING INITIATIVE FOR CHILDREN UNDERGOING CANCER TREATMENT <u>WWW.SAMIKSHAFOUNDATION.ORG</u>



SAMIKSHA FOUNDATION ANNUAL REPORT

7th YEAR REPORT

SANDHYA SHARAD 18/06/2016

Report of our support activities and observations at the Kapur–SBM Pediatric Oncology Ward, Kidwai Memorial Institute of Oncology, Bangalore, India recorded during the period of June 2015 to May 2016

"Samiksha Foundation" is a Pediatric Oncology Support Group, a Civil Society Organisation, operating at Bangalore, India.

"Samiksha Foundation –Caring for Children with Cancer Trust" is a registered trust under the Indian Trusts Act, 1881, document no. BNG(U)-BMH 237 2009-2010. Donations made to the Samiksha Foundation are deductible under Section 80G(2)(a)(iv) r.w.s. 80G(5)(vi) of the Income Tax Act, 1961.

Disclaimer

This report is maintained on behalf of the "Samiksha Foundation - Caring for Children with Cancer" to enhance public access to information relevant to the work of the trust. Our goal is to keep this information factual and accurate. If errors are brought to our attention, we will try to correct them. However, the trust does not accept liability whatsoever with regard to the material on this report.

CONTENTS

"Samiksha Foundation" is a Pediatric Oncology Support Group, a Not For Profit	
Organisation, operating at Bangalore, India.	1
Disclaimer	1
From The Founder And Trustees	3
Purpose Of This Report	5
Program Details	5
Facility Details	7
Reflections And Teacher Report	9
Our Children's Voices	18
Creative Play And Activity	20
Achievements	22
Observations And Looking Forward	23
Making A Donation To The Foundation	27
Office Bearers and Committed Volunteers	28



FROM THE FOUNDER AND TRUSTEES

We are delighted to have completed 7 years and happy to share the stories of the significant work being done by helping children undergoing cancer treatment at Kidwai Memorial Institute of Oncology Bangalore, toward their continuing education, engaging them in mindful activities and sustaining their wellbeing and happiness.

In the last year 2015-2016 we have made significant progress in the quality of delivery of our mission and in the processes and compliances for the Trust. Our Teachers have gone through rigorous training in teaching Mathematics and Sciences to the children and are now going to be attending an English Language training program both for conversation and teaching. Parvathy has been awarded the Best Teacher in dedication and outstanding service by the "Rashtrothana Parishad" of Karnataka this year. Then there is our very dear Akanksha Jaysheel. A graduated Architect now, she is the winner of the "YUVA Chetana" award at the National level, an achievement that acknowledges the highest level of her commitment to voluntary service in the country. At Samiksha she is much loved by the children and has now been with us for over 4 years.

We have on an average 15 floating volunteers who spend about 10 hours a month with the children, 2 regular primary school teachers and a storytelling expert, a yoga. To them our work with the children here is of utmost importance and they have not taken a single day off in the last year. The our record keeping and attendance of children going back to school and their performance in board exams is a significant milestone and benchmark for the success of the Foundation's work. Last year 524 children attended the programs and 3 of them written their 10th exams. We have extended our support to over 2000 children in the last 7 years and 76% of them- almost 1500 are in school and college and some even working and doing well in life.

This Year our Open house displays show a large number of testimonials of the children who have been discharged and have volunteered to write these little notes for us, encouraging us to continue.

Wish Fulfillment through "Make a Wish Foundation" continues with new volunteers. Our monthly Birthday celebrations of the children, continues with huge extended support of donors and even corporate teams. These Birthday parties for children are most popular and joyful events. Our dedicated Bengalee speaking teacher coordinator, Mrs. Barnalee Sarkar, continues to take care of children from Bengal and far east of India. She has also built a significant support group at School level through her son Rithayu, her Music Group and Dance school. Bandana Misra is our highly qualified Hindi teacher, now also takes science for the middle school children. Padma Viswanathan and Girish Jayaraju continue to help with activity coordination, photos, documentation, and have hugely improved the quality of our Saturday programs and storytelling events. Girish also brings a wealth of sheer joy and laughter to the children. Our newest tutor volunteers and coordinators are Anita from Indian Statistical Institute, Chandrima, Rajashri. Ranjani Ramesh has been hugely helpful in the Administrative paper work. From the corporate we have a group of talented volunteers led by Bhavya and Niveditha. Aditya continues to manage our website and email scripts. Dr.Manjari Bhatnagar continues to be the Face of our Foundation, with public relations, event coordination, and fundraising, while Meera Srivathsan is our Administrative coordinator with KMIO authorities and Education Program Coordinator. We are extremely grateful to our Teachers Vidyawathy and Parvathy who have been with us for 7years now, and our Storyteller Ambika who has been with us for 5 years now. All of these people their dedication, effort and service make a team that makes Samiksha Foundation focussed and committed to its cause.

In this endeavour, we much appreciate the support of KMIO for the opportunity. Particularly Dr.Lingegowda's personal attention has been very encouraging for the work of the Foundation.

We are very grateful to all our Patrons, Donors, supporters, volunteers for your contribution in cash and kind. All of you play a significant role directly or indirectly. It is our goal to strive to provide the children undergoing treatment for cancer a more rewarding and happy experience, enable them to re-integrate into their schools, friends, community and families and help plan their future with greater confidence and self esteem. We aim to reach out to many more such children who are denied of an Education during treatment because they don't have the opportunity!

We are very happy to announce 2 major additions to our programs this year.

 The Education Campaign: Here we call for a gift of Education of Rs.2500/- per year so as to support one child and one sibling for one month. If we can get a 100 people every month to donate in this campaign we would be able to increase our reach to many such children outside Kidwai too.
The Samiksha Scholarship Fund: Through this campaign we wish to build a corpus and provide scholarships for those children who are pursuing higher education post cancer treatment. The only criteria here will be that they have either gone through, or are going through cancer and are interested in pursuing higher studies.

Most of you already know that ours is a rare and niche initiative that provides Integrated Education and other Non-Medical support to children with cancer. The challenges are different, but our greatest strength is our core team and volunteers whose dedication to purpose and single minded attention to the children's needs are noteworthy. We are very proud of each one of them. We hope to continue to share our experience, the success of the children in the future years to come and look forward to your continued understanding and support.

With sincere thanks.

Sandhya Sharad - Founder

Vijaya Nanjundeswaran - Trustee

Bhavani Nanjundeswaran - Trustee

PURPOSE OF THIS REPORT

ACTIVITY DETAILS

To record the activities over the last two years, to continue and understand the patterns emerging from the course of the activities with respect to children's attitude, their happiness levels and self expression over the 2 years.

FACILITY DETAILS

To record the infrastructure and material improvements provided by Samiksha to the facility and the environment, and how this change has affected overall for the children.

LOOKING AHEAD

To create awareness and understanding for the significant need of continued education and activities for children undergoing treatment for cancer- the non-medical support for pediatric oncology.

To understand the learning requirements of the children better and try to address the concerns about learning and school while they are in treatment and to improve the quality of the ongoing programs through quality material, niche volunteer orientation and special teacher training programs.

To understand what parents, teachers and doctors can do to make sure the child's school needs are met when undergoing cancer treatment.

To share this information with the hospital staff, authorities, donors, volunteers and community

PROGRAM DETAILS

Samiksha functions from the Kapur-SBM Pediatric Ward. The entrance to the ward has been converted to teaching cum activity space. The library has been set up in the basement of the ward, with books in various languages. The foundation appointed librarian / teachers are present 4 days a week, (Tuesday, Thursday, Friday and Saturday), between 10.30am and 4.30 pm. The teachers are qualified and continuously trained in early childhood education by local boards. Relevant textbooks, notebooks, worksheets, art material is provided to each child in a school bag on the first day they come to the program, to encourage and provide an appropriate environment. The supply is constantly replenished as required by the child, at our cost. Children on maintenance (out patients) are also encouraged to participate. Siblings of children and many caregivers, mostly mothers also come in to learn and read here. All volunteers are given an orientation before commencing hands on work with the children. The children's involvement, attendance, progress and requirements are recorded and maintained.

Special tutoring for 6th, 7th, 8th, 9th and 10th grade children:

To help them come up to speed with their school work and curriculum and prepare them for the examinations should they wish to appear. Volunteers from International Schools, Corporate and Colleges teach children. This year 3 students wrote their 10th exams during stay and after discharge.

Circulating Library:

Books are issued to children and caregivers on a regular basis, to read in their time to encourage independent reading. For those children unable to read by themselves, volunteers read to them at their bedside. Multilingual books are provided. Children also take back their favorite book when they get discharged.

I Am a Star

All children are special. The program aims to fulfill some of their wishes to make them feel even more special. For children who are discharged, we have an arrangement with Make a Wish Foundation to fulfill wishes of children via a referral program. Children going home are also given a special gift, usually their favorite storybook.

Storytelling:

Ambika Chandrasekhar is our regular qualified storytelling specialist. With support from Pratham Books and independent storytellers like Arti Anand, Lavanya Prasad, a significant change is happening in the way the children approach books, reading and recall. Ambika combines storytelling with hand puppets, origami and drawing and creative writing.

Birthdays at the ward:

Birthday Parties for children are held on the last Saturday of the month or on a day chosen by the sponsors. Entertainment and activities range from singing groups, magic shows, dances performances, pottery workshops, skits and songs by the children themselves. Goody bags with fun things are distributed to all children admitted to the ward and siblings. Various organizations, families or individuals have sponsored the costs for these events. This monthly event is now an established routine for both children and care givers .Care is taken to ensure the children are involved without getting hyperactive and that the excitement of the parties is not overwhelming or physically exerting for the children. No cake or outside food is served.

B.V.Satish Kumar, Suresh kumar, Mrs Sudha Sundavardhan of Jumporee are our committed vendors and enthusiasts in these events, providing Magic shows, Clowning, Balloon Art, Puppetry, and other games and activities for the children once a month.

Fruits and Vegetables:

To ensure attendance, fresh vegetables and fruits are distributed at least twice a week and fruits given every Saturday and on events, as part of the nutritional help. Savitha Balajee is a regular sponsor for this program. Naveen Jaganathan continues to support our Fruit program every Saturday.

The Play Area outdoors:

Year around, we provide and care for the play area fo rhte children which was renovated and refurbished twice since 2010. We appeal to volunteers, and friends of Kidwai to help with us regular upkeep of this area as it is the most loved an most used facility by the children and their siblings throughout the year.

FACILITY DETAILS

Samiksha has funded and provided the following at Kapur – SBM Pediatric ward, KMIO.

- **Play Area** : The common play area for kids outside of the building was revamped, with added swings and colorful paint and a complete colorful turf replaced the old grass and dirt. This was the only outdoor facility that the children are allowed to use in the hospital.
- **A Library of books** : The area near the staircase is converted into a library cum study area for the children. About 100 new storybooks were procured for the library through Pratham Books and two additional cupboards were installed.
- **Puzzles and Activity models**: Our Montessori teacher trainer Yamuna has been greatly helpful in cataloging our many activity models and learning tools. She has made several recommendations that will soon be implemented in our education program through creative play and activity.
- School kits for each child. 95 New school kits consisting of 2 notebooks, a pencil, an eraser, sharpener, a drawing book, color pencil set, crayon set, water colour paints with a brush in an eco friendly bag with their names on it, are distributed to inpatients. Older children of 5th grade upwards are also given a compass box. To date over 1950 kits have been distributed to the inpatient children and children in the Dharamasala.
- A mobile Black board facility
- A White board and pin up board is provided.
- Six ceiling fans in the ward areas and common areas.
- Wall fans in entrance area
- Banners, charts and display posters
- 45 Yoga mats
- 50 cushioned sitting mats for daily use
- **School text books** in most subjects in Kannada and English as required provided to children from 4th to 10th grade. Text books in both CBSE and state syllabus are also available for 1st to 10th standard students.
- 2 Computers donated not usable because of lack of space to install them .
- 2 computer tables

KMIO hospital has provided in Kapur – SBM ward a place to have lunch and toilet facility for use by our volunteers.

Clean drinking Water is provided by us. A donor has arranged for 2 new water filters and it has been installed in the special drinking water room in the ward.

Donor Mrs.Sudha Shah donated 2 water filters in memory of her husband Late Shri Lalit shah

Several people donated in kind items that are useful for the children staying there. We accept only new materials and these materials ranged from books, drawing material, blankets, water bottles, play equipment, puzzles, workbooks, caps, yoga mats, smiley balls and many other useful material to enhance their living there.

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KIDWAI MEMORIAL INSTITUTE OF ONCOLOGY

GOVERNMENT OF KARNATAKA AUTONOMOUS INSTITUTION

(REGIONAL CENTRE FOR CANCER RESEARCH & TREATMENT MEMBER OF INTERNATIONAL UNION AGAINST CANCER)

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Dr. M.H. Marigowda Road, Bengaluru - 560 029. KARNATAKA, INDIA.

No.PER/Cab-I/D-1/19/2014

28th April 2014

TO WHOMSOEVER IT MAY CONCERN

This is to acknowledge that the members of "Samiksha Foundation- caring for children with cancer" have been associated with Kidwai Memorial Institute of oncology-Paediatric Oncology wards, since June 18th 2009.

They have been conducting educational, spiritual and recreational programs at the Kapur Ward of Kidwai Memorial Institute of Oncology for the in-patient children, non-medical support for their parents and caregivers in the ward. They are here 3 days a week – Tuesdays, Thursdays, Fridays and Saturday per consent from the KMIO authorities.

Their program such as tutoring for school age children and yoga are ongoing.

They have also contributed to the infrastructure development of the play areas and the laundry drying facility at the Kapur ward surrounds in October 2010, and are currently again renovating and upgrading the play area with their own contributions and sponsors.

We thank them for their support and wish to see a continued enthusiasm in their work.

(DR.M VIJAYAKUMAR) DIRECTOR,KMIO

Registered under Karnataka Societies Registration Act 1960, Regn. No. S475/79-80 Donations to this Institute are exempt from Income Tax U/S 80G of IT Act, 1961. Website : www.kidwai.kar.nic.in

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REFLECTIONS AND TEACHER REPORT -Ms.Vidyawathy - 2015-16

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REFLECTIONS AND TEACHERS REPORT BY MS.PARVATHY - 2015-2016

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REFLECTIONS AND TEACHER REPORT – Ms. Ambica - 2015-16

నె సే అంబిరె! జింద్రికి జింగ్ సబుర్హ్ ఫొండి కాననల్ల నుమారు అరు వర్య గాశ్వం కిలన ని ప్రకా స్మాక్టిని ఈ నంస్థియు క్యాన్హేరా బొణికే మక్తిళాగా నివరా అన్నుకైనీ ఎందు కెళదాగ నాను ఈ పూశ్యి కిర నాన కలననల్ల మేడగిటిళ్ల బికిందు నిశ్చంబనిని ఇల్ల కిలన ని పరా నుపునిగి ఒందు పండ్రమ

ಈ ಸಂಸ್ಥೆಯನ್ನು ಶ್ರಿಮಾತಿ ಸಂಸ್ಕಾರವರು ನಿರ್ಧೇಶನುತ್ತಾರೆ. ಅವರ ಸೊತೆಯಲ್ಲ ಶ್ರಿಮಾತಿಯರುಗಳಾನ ಮಂಜರ, ಮೀರಾ ಮತ್ತು. ಬಾಗಾ ಅ ಅಷ್ಟೇ ಮುತುವರ್ಜಿಯಂದ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ರ ಮಕ್ಕಳ ಕಾರ್ಯ ಭಗವಂತನ ಕಾರ್ಯ ಎಂದು ಭಾವಿಸಿಗ್ದಾರೆ.

ಅಗ್ಗಾ ಹರಿಯರುಗಳಾತೂ ವಾರ್ಷತಿ ಹಾಗು ವಿಧ್ಯಾವತಿ ಇವರುಗಳ ಕಾರ್ಯವು ಅಷ್ಟೇ ಹವಂಕಹಕವಾಗಿದೆ. ಇಲ್ಲ ಹರಾವುದೇ ಬೆದ್ದುನ್ನವನಿಲ್ಲ.

ವುಕ್ಕಳನ್ನು ಅರೋಗೃವಾಗ ಸಂತೋಷ್ಠವಾಗಿ ಸುವು ಅವರೊಂದಿಗೆ ಹಾಸುತ್ರೆ ವೆ , ಯೋಗ ಮಾಡಿಸುತ್ರಿವೆ , ಕಥೆಗಳ ಮೂಲಕ ಮಂಕ್ಗಳಿಗೆ ಸಟುವವಿಕೆ ಗಳನ್ನು ವರಾಡಸುತ್ರೆವೆ . ಮತ್ತೆಳೂ ಸಹ ಇದರಲ್ಲ ಸಂತೋಷ್ಠ ವಾಗ ವಾಲುಗೊಳ್ಳುತ್ತಾಕೆ . ಇಲ್ಲ ನಾವು ವಂಕ್ಕಳ ಸುಟ್ಟಾ ಹಬ್ಬವನ್ನು ಅಂತರಿಸಿ ಅವರನ್ನು ಸಂತೋಚ್ಯವಿಂದ ಇಡಲು ಪ್ರಯಕ್ತಿಸುತ್ರೆ ವೆ . ಇಲ್ಲ ನಾವು ಅಕೋಗೈಕರ ವಾಸ ಹಣ್ಣು ತರುಕಾರಗಳನ್ನು ಕೊಡುತ್ರೆವೆ .

ఈ ఫోంజీశినో టర్బెస్తే నాగి నిజియుక్రిని ఎందు జీకలు జిబ్బే ఎనినుక్రైనే ఈ నంజ్లేయు ఇన్ను జిశ్చు చుర్దేళ బాళిగి సొళిశన్ను కేంజల ఎందు లొకేసుక్రేవే . ఇన్నుముంది ఈగా ఎంబర్ర్, భారత ఇదాగల ఎందు అక్రిశుణ.

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రోడుకె సంధ్యారవర నిర్దూ కేనదల్ల ప్రేకెయోగారు కమ్మ జవాన్నారి-రాటన్ను కర్యావిందు బాబెని నేగాదరి బాదనేయింద రాయ్ విద్యావిత్తు ఈ సంస్థే చూడం సంస్థోయాగు చెంకి నిర్యా అమక్రైన్లారి నిల్లారువే ఎల్లరల్లు " ప్రశు ద్యీవ కుటుంబకమూ ఎంబ భావనీయిది"

PARVATHY HAS BEEN WITH THE FOUNDATION FOR 6 YEARS AND CONTINUES TO BE WITH US.

VIDYAWATHY HAS BEEN WITH THE FOUNDATION SINCE INCEPTION 6 YEARS AGO AND CONTINUES. AMBIKA IS OUR TRAINED STORYTELLER FOR PAST 5 YEARS

BANDANA MISRA:

I am bandana misra,my qualifications are as follows B.sc.(maths, physics,chemistry),B.ed. From H.P.university, Simla,one year counselling course from Banjara academy .Now I am doing two year PG diploma in counselling & psychotherapy from Manasa Educational Trust.

First time I visited Samiksha foundation in 2014'when I was doing counselling course from Banjara academy. At that time it really inspired me a lot to see people who were doing a great job of helping sick children. From that time onward I thought of teaching the children in a similar way so I called Sandhya and she gave me nice opportunity to teach the children. I want to give special thanks to sandhya for giving me opportunity to teach these children. This is one of the most satisfying things I have ever done. Given continuity, these children will shine. I wish to continue to help the children by teaching them, so that, after treatment they can continue their studies.

OUR CHILDREN'S VOICES

AKSHATHA R (Class X)

I have never seen a foundation like Samiksha Foundation. I thought in the hospital it will be a big burden for me but because of Samiksha Foundation I got very happy by reading, playing and by the teachers also and our Madam's support to us to provide the books for education. Finally I have to say that Samiksha Foundation is a very good foundation for the unhappy children.

VINAY S (Class II) (14/10/2015)

I liked all the story books in the school. The teachers here have helped me understand my 2nd standard portion. Ther entertain us by singing poems and songs. All the facilities provided by Samiksha were upto the mark. The programs organized were entertaining.

S. ARCHANA (13/6/2015)

I stayed in Kidwai for 6 months. Everyone helped me when I was sad. My parents and my friends of Kapur ward supported me. They treated me like their own daughter. I forgot about my disease and lived here happily when I was staying here. Samiksha Foundation taught me how to live. I read so many books. I improved my knowledge when I stayed here. They cheer me a lot. I will never forget this happy moment.

NANDAN S.

I am from Bangalore. I came on 22/4/15. As I was ill, I was admitted in Kapur ward. Dr. Appaji Sir and Aruna Madam gave treatment. I like Appaji Sir so much. Appaji Sir was like God for children. In Kapur ward Samiksha Foundation had a school for children. In school I studied and learnt so much. I like Parvathi Mam and Vidyavathi

Mam. Both are good teachers for the children. Teachers will teach everything i.e. stories, sing a song, teach the lesson etc and Girish Anna also teach dance for children. I learnt how to make paper boat, paper Ganesh, spoon doll etc. So that's why I like this school very much. In hospital first few days I forgot tables, Kannada akshara mala, Hindi aksharamala, when we go to the Samiksha school, I was taught all this. So that's why I will not forget this school. In my home, I will remember this school and the teachers every day. Thank you Mam for your good teaching and good friendship also. I will miss you.

ELLAPPA (21/03/2015)

When I came and joined Kapur ward, I was studying 7th standard and now I am studying 1st PU. After some days I will come back, not as patient but as a doctor and will work in helping people in this organization. The experience I got was very good and unforgettable. I respect all the doctors and teachers here and thankful to all of them.

NAVEEN KUMAR

I was diagnosed with Acute Lymphoblastic Leukemia when I was in 8th std. I was so depressed when I learnt thisa and came to Kidwai Hospital for treatment.One day I was sitting alone on the bed, there came a lady who asked me to join drawing classes. I was interested in it, so I went to the place where the classes were going on. There were many children drawing and colouring. Initially I thought it was a one day programme, later I came to know that the teachers, Vidyavathy and Parvathy, would come here everyday and teach the children. Then I came to know that there was a trust behind this called Samiksha Foundation. I would attend the classes regularly and would have fun there. Then I got to meet Sandhya mam, who arranged for a mathematics tutor, Mr Chopra, as she saw my interest in studies. Weekly once we had yoga and meditation classes by Swami Yogaratna. The foundation used to celebrate the birthdays of all the children and we used to get many gifts, which brought joy in our faces. Later I got to meet tremendous people like Manjari mam and Meera mam. Samiksha helped me to get back to my school, and not only me, it has helped lots of cancer patients who have dreams and is successful in fulfilling them. I feel really blessed to be part of the programme.

CREATIVE PLAY AND ACTIVITY



Arthi's session on Sept 5th Pratham's Literacy day.

Sep 26th was the monthly birthday event sponsored by Srividya Vishwanathan. What a wonderful idea that she decided to do something special to mark her son Akshar's Upanayanam celebrations by sponsoring this birthday event, the story-telling and gifts for the children at Samiksha!

Lavanya Prasad of Talescope told African folk-tales "Hakuna Matata" and children were gifted palm- leaf Kaleidoscopes from kavade , a joy to see them enjoy the patterns!



CLOWN AT SAMIKSHA ENTERTAINING AND PARTICIPATING IN THEIR LIFE HERE.

Page 20 Our Motto: The pursuit of knowledge is key to their pursuit of happiness.



Above: Birthday Party Celebration sponsored by Societe Generale Bank, Paris and Bangalore Below: Nurses of KMIO enjoying the birthday party celebration



"Children with Cancer have right to QualityEducation. The only barrier to their education is the Lack of Opportunity and Awareness of the need for continuing education after Cancer.

At Samiksha Foundation, the primary Mission is to provide the opportunity to these children in distress and help them get back to mainstream life with pride and dignity, particularly to help school going children return to school with confidence."

ACHIEVEMENTS

Good Samaritan Morning Mood Enhancer **Now Kids with Cancer won't Miss Studies**



andhya Sharad

Sometime in 2007, a visit to the ancology depart-ment of a local bospital charged Sandhya Shkrad's life. The architect, who was working for reputed real estate developer, noticed many children etween agos three and 19 undergoing treatment for ancer. A conversation with their mothers opened her yes to the fact that the children could not go to school uring chemotherapy the treatment for which usually aste 6 months.

eyes to the flat that the children could not go be accessed during chemother any, the treatment for which usually last 846 months. Sandfrys, 3. researched about cancer support groups in the city only to realise that most of them offered gen-eral palliater core and focused on finding financial help be treatment. There was no support group deal-ing with passifiatric oncology without interrupting the child's education, "she said. Her two-year is clocussions helped prepare the firamework for her intervention. In 12006, Standya founded Samikahe Foundation as a non-clinical mission. "I want to tap the innate opti-mismi in every child, increases their happionses quotient andhelp them live as much a normal life as possible," she suid. Firmilises were trught to ac-cept the child's containion mail for a space within the hospital where chil-

the hospital where chil-dren could be tutored be tutored who invested her own money to set up a library of 800 books. She created a physical is prace within the hospital when hreested her own money to set up a library of 800 books. She created a physical is prace within the hospital when children could be tutored and exposed to crea-tive activities libraring of 800 books. She created a physical is prace within the hospital when children could be tutored and exposed to crea-tive activities libraring of 800 books. She created a physical is prace within the hospital where children could be tutored and exposed to crea-tive activities libraring and the most firm called sandhyrs formed Design. She is alson wish ing ficently at The Oxford College of Architectures, where she teaches twice a week. She has a core group or eight people call working professionaby flat sfloat-ing volunteers. She delegates jobe and coordinates wee-rything generating.

ything personally Since 2009, around 3.975 children have been taken un-ter Samiksha's wing and 76% of them have gone back o school to continue their studies.



I want to tap the innate optimism in every child, raise their happiness quotient and help them live as much a normal life as possible SANDHYA SHARAD, architect ಪಜಾವಾಣಿ ಶುಕ್ರವಾರ = ಜೂನ್ 19, 20

ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಕಿದ್ದಾಯಿ ಸ್ನಾರಕ ಗಂಥಿ ಸಂಸ್ಥೆಯ ವಿರ್ದೇಶಕ ಡಾ.ಕೆ.ವಿ.ಲಿಂಗೇಗೌಡ ಅವರ ಮಾತನಾಡಿದರು. ಸಮೀಕ್ಷಾ ಪೌಂಡೇಶನ್ ಸಂಸ್ಥಾಪಕಿ ಸಂಧ್ಯಾ ತರದ್, ಸಂಸ್ಥೆಯ ವೈದ್ಯ ಡಾ.ಎಲ್.ಅಪ್ಪಾಜಿ ಅವರು ಚಿತ್ರದಲ್ಲಿದ್ದಾರೆ ಪ್ರಮಾವಾಣಿ ಚಿತ್ರ

ಆಟದ ಮೈದಾನ ಉದ್ಘಾಟನೆ ಕಿದ್ದಾಯಿ ಸಂಸ್ಥೆಯ ಆವರಣದಲಿ

ಎ ಪ್ರಚಾವಾಣಿ ಪಾರ್ಕೆ

ಬೆಂಗಳೂರು: ಸಮೀಕ್ಷಾ ಘೌಂಡೇಶನ್ ಪಡೆಯಲು ಬರುವ ಮಕ್ಕಳು ಹಲವು ವತಿಯಿಂದ ನಗರದ ಕಿದ್ದಾಯಿ ಸ್ನಾರಕ ದಿನ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಉಳಿಯಬೇಕಾಗುತ್ತದೆ. ಗಂಥಿ ಸಂಸ್ಥೆ ಅವರಣದಲ್ಲಿ ನಿರ್ಮಿಸಲಾಗಿ ಈ ವೇಶೆ ಅವರ ವಿದ್ಯಾಭ್ಯಾಸ ರುವ ಮಕ್ಕಳ ಆಟದ ಮೈದಾನವನ್ನು ಕುಂಠಿತವಾಗುತ್ತದೆ. ಜಿಕಿತ್ಸೆಗೆ ಬರುವ ಗುರುವಾರ ಉದ್ರಾಟಿಸಲಾಯಿತು. ಮಕ್ಕಳಿಗೆ ಉಚಿತವಾಗಿ ಪಾಠ ಹೇಳಿ

ರಾಜವರ ಮಾರಲ ಸಮಸ್ಯಾ ಸಂಗ್ಯಾ ಮಕ್ಕಳ ಉತ್ತಮ ಕೆಲಸ ಮಾರ್ಕಾಜ ಮಾಡ ಕೊನ್ನದಲ್ಲಿ ಮೈದಾನ ನಿರ್ಮಾಣ ಮಾಡ ಅನಿದೆ. ಹಲವು ಸಂಘ, ಸಂಕ್ಷೆಗಳು ಮಕ್ಕಳಿಗೆ ಅರ್ಧಿಕ ವೆರವು ನೀಡುವ ನೆರವು ನೀಡಿವೆ ಎಂದು ಘಂಡೇಶನ್ ಜತೆಗೆ ಅರ್ಧಕ ವೆರವು ನೀಡುವ ಸರವು ನೀಡಿ ಎಂದು ಘಂಡೇಶನ್ ಜತೆಗೆ ಅರ್ಧಕ ವೆರವು ನೀಡುವ ಸಂಸ್ಥಾಪಕಿ ಸಂಧ್ರಾ ಶರದ್ ಹೇಳಿದರು. ನೋಡಿಕೊಳ್ಳಬೇಕು. ಆ ನಿಟ್ಟನಲ್ಲಿ ಸ್ವಯಂ

ಸಂಸ್ಥೆಯ ನಿರ್ದೇಶಕ ಡಾ.ಕೆ.ಬಿ.ಲಿಂಗೇ ಗೌಡ ಅವರು, 'ಕ್ಯಾನ್ಸರ್'ಗೆ ಚಿಕಿತ್ರೆ 'ಕ್ಷಾನ್ವರ್ ಚಿಕಿತೆ ಪಡೆಯಲು ಬರುವ ಕೊಡುವ ಮೂಲಕ ಸಮೀಕ್ಷಾ ಸಂಸ್ಥೆ

ಮೈದಾನವನ್ನು ಉದ್ಘಾಟಿಸಿ ಮಾತ ಸೇವಾ ಸಂಘ ಸಂಸ್ಥೆಗಳು ಮುಂದೆ ಸಾಡಿದ ಕಿದ್ದಾಯಿ ಸ್ಮಾರಕ ಗಂಥಿ ಬರಬೇಕು' ಎಂದು ಹೇಂದರು.



SAMILESHA





Our Motto: The pursuit of knowledge is key to their pursuit of happiness.

OBSERVATIONS AND LOOKING FORWARD

- Children are excited about this learning program. They tend to hang on to every word that is said and want to participate actively when not tired. Even when they have had a procedure or IT, they insist on coming in for a short while, just sitting there and observing the happenings.
- They have a very keen desire to learn and remember information that is given to them during the classes. This is evident in our story time recall sessions. Most of them try very hard to recall information accurately- if provided with the right clues, time, and if they have done their homework. Story recall and sometimes an urgency to *learn it all* there with older children.
- The ability to understand Math concepts is very superior in most children.
- The willingness to learn English and communicate is also fairly high. Even the children who communicate only in vernacular languages have been very regular and are keen in communicating with us. The special language teachers have made a huge difference to many.
- Parents and staff are very enthusiastic about the Yoga program. It is endearing to see families of all denominations come in and participate in this actively. They say they even practice the exercises in the ward when we are not there.
- The kids are also very enthusiastic about the singing and music and dancing. They never shy of dancing to a tune on the mobile or radio at any time of the day.
- The children love to draw and colour or paint and can be very creative.
- The most regular children are the school going age kids between 6 and 14 years of age.
- The participation of the children is also dependent on the participation of the caregivers in some way. If the caregivers are convinced that the mission of the foundation is essential for the children, then the children come in wholeheartedly. Hence, regular awareness programs are needed for caregivers and families of the children.
- Over years, the hospital staff has also got involved in the programs. The nursing staff come in and teach the children or read with them very often. They actively participate in events.
- Doctors are very encouraging about the learning program and encourage the children to attend regularly. They encourage children from 3 other wards at KMIO to come to attend the programs. The average monthly attendance of school going children has gone up from 26 in 2009 to 46 in 2012 and about s at 47 in 2014, which includes children from Kapur ward, Dharamasala building, Shantidhama and Jindal ward and Aniketh ward.
- In May the teachers were given 2 weeks off as vacation. For the first time in 7 years, the children were lost. They were bored, confused and upset that the Vidyawathy and Parvathy were not there for 2 weeks. We were told by the staff and security that children and caregivers were hugely relieved when they came back after vacation. Children expressed their happiness on seeing them back and welcomed them with little artwork, hugs and huge smiles. We were told by them that we cannot close the school even for a day!

Visitors have observed that Samiksha Programs in the Hospital has made a huge difference to the atmosphere at the children's ward. It has also brought some routine of activity and learning, thus keeping the children busy during their free time instead of roaming around the grounds aimlessly. Many have commented :

"What was it like when Samiksha was not here?" "What would the children be doing otherwise?"- are questions we often get asked.

STATISTICS AND DATA – RECORD KEEPING

Volunteers and visitors at Samiksha											
June2015 - May2016											
Month	Volunteers	Visitors	Total								
June	13	34	47								
July	15	30	45								
August	17	23	40								
September	22	13	35								
October	21	25	46								
November	23	42	65								
December	23	26	49								
Janurary	15	7	22								
Feburary	20	21	41								
March	17	7	24								
April	24	39	63								
Мау	11	8	19								
Total	217	274	491								

Statistics on attendance of children is based on the record maintained at every class. It is collated and the average attendance is calculated on the basis of the total number who attend per the register in the previous month minus the number of children currently attending, is added to the number of children who have been discharged or passed away, to get the exact number of those who attend. Table below is the record maintained - school grade wise data.

	No. of students attended and discharged grade wise data June 2015- May 2016												
Month	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Total
Below 3yrs	17	15	13	15	17	19	20	12	15	19	17	14	179
3-6 yrs (LKG)	15	11	15	14	14	19	14	8	9	8	7	4	134
3-6 yrs (UKG)	8	6	10	8	6	4	5	3	4	7	9	8	70
Gr 1	9	14	6	8	12	10	11	13	11	12	12	9	118
Gr 2	4	3	3	3	5	5	4	6	10	8	6	7	57
Gr 3	6	7	6	7	8	9	8	8	7	8	5	4	79
Gr 4	3	2	4	2	1	2	3	4	4	3	2	5	30
Gr 5	2	4	6	5	4	4	3	3	2	1	0	1	34
Gr 6	4	6	2	2	3	4	3	3	4	5	4	4	40
Gr 7	3	3	4	5	3	2	3	3	3	3	3	5	35
Gr 8	1	1	1	1	4	4	4	8	9	8	7	4	48

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Gr 9	2	1	2	5	8	5	2	1	1	0	2	2	29
Gr 10	3	4	5	7	4	2	2	2	2	1	0	0	32
Total	77	77	77	82	89	89	82	74	81	83	74	67	885
Average Attendance	65	21	67	32	67	43	50	41	59	48	41	30	524
Discharged	12	9	11	17	10	21	11	17	19	24	15	4	166
*Going to school after discharge	4	6	3	6	9	12	3	5	4	9	3	2	64

*Going to school after discharge numbers are only by word of mouth, when children or their parents call back to inform us. We do not follow up on this as a part of our mission program at the hospitals.

This data is collected for our work only for budgeting, organising of activities and planning. It is the property of Samiksha Foundation and may not be shared in public without our written permission. .It may not be used for any medical research purpose either.

DONORS FOR THE YEAR 2015-16

(Towards Corpus Fund)

Amounts by individuals and some institutions/trusts have been withheld in the public report for privacy

Contributions about Rs. 10000

- 1. Bosch Ltd
- 3. Community Service Of Bangalore
- 5. Lets Do Some Good
- 7. Outreach Volunteers
- 9. B.S. Hajela Education Trust
- 11. Yatindra Patil
- 13. Lodge Thirunal Charitable Trust No. 179
- 15. Brigade Millennium Jacaranda Block Apartment Owners Association
- 17. Nipa D Mehta
- 19. Shriya Sudeep
- 20. Satish Chandra Trasi
- 24. V.Venkatasubramanian
- 25. Tania Khosla

Other Contributions

- 26. Chitra Ramesh/Vishwas
- 28. Utsav
- 30. Shantanu Ghosh
- 32. Raj Pathasarathy
- 34. Satheesh Kumar
- 36. Ananya Ghosh
- 38. B Arunkumar Sarkar

- 2. Karthik Ganesh
- 4. Hemant Lall
- 6. Janaka Suresh
- 8. No Shace Campaign (Manu Titan)
- 10. Amit Kumar
- 12. B.S.Raghavendra
- 14. Rajesh PV
- 16. S.Prema
- 18. Sandeep Khosla
- 21. Yajnanarayana Kammaje
- 22. Viswanathan Hariharan
- 23. Dayanand College Marathon
- 27. Ritayu Sarkar
- 29. Roshan
- 31. Sandhya Sarkar
- 33. Sujith
- 35. Sunith Kumar
- 37. Susheela Janardhanan
- 39. Timir Chatterjee

- 40. Chandrima Chatterjee
- 42. Chetan B
- 44. Manas Sarkar
- 46. Ranjani Ramesh
- 48. Ravi.V
- 50. Gangarapu Eswara Naidu
- 52. Bsli Jyanagar Branch
- 54. Madan Lal Dureja
- 56. Usha Kumari
- 58. Srikanth Bankuru
- 60. Abha B
- 62. Abhishek Ramesh Sachan
- 64. Somnath Chattopadhayay
- 66. Thamaraikkani Kolandasamy
- 68. Dhaduk Mahesh S
- 70. Shaik Ahammed A. K.
- 72. Sharanya Viswanathan
- 74. Divakar K
- 76. Naina Gupta
- 78. Prejith Narayan
- 80. Subramanian Krishnan
- 82. Sumit Ahuja
- 84. Tania Khosla
- 86. Bhargav Reddy G
- 88. Jayalakshmi
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- 92. Sudha Rani Mathur
- 94. Revathy Rajagopal
- 96. Sneha Mishra
- 98. Triya Sarkar
- 100. Vijayaphanikumar Chintaluri
- 102.Indrani Baksy
- 104. Kinshuk Roy
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- 108. Mitankar Das Sarkar
- 110.Naveen
- 112.Padma Viswanathan
- 114.Pooja Viswanathan
- 116. Mohit Bhasi
- 118.Satishchandra Trasi
- 120.Sreoshi Sarkar
- 122. Srijeev Sarkar
- 125. Hibiscus Technology Solutions
- 126.Boby Thomas

- 41. Udisha Dutta Chowdhury
- 43. Veno
- 45. Kalpana Nag
- 47. Padmavathy
- 49. Raghunandan Srinivasan
- 51. Aasta
- 53. Apporva Bajpai
- 55. Arun Loganathan
- 57. Dr.Jayashetty
- 59. Dr.Swetha Shetty
- 61. Mandar
- 63. Mansi
- 65. Nitin Kanodi
- 67. Priyadarshini Sk
- 69. Puneet Kumar And Uma Reddy
- 71. Sachin Shetty
- 73. Sathya
- 75. Sayanti
- 77. Shashikanth
- 79. Basha
- 81. Mrs.Raj Bhatnagar
- 83. Praveen Kumar E
- 85. Dhara Singh
- 87. Digvijay
- 89. Gargi Reddy
- 91. Geetha Lakshmi
- 93. Kavya S
- 95. Manish Sharma
- 97. Nitish Agrawal
- 99. Pavan Hr
- 101. Pramoda Reddy
- 103. Praneesh
- 105. Priyanka K.G.
- 107. Ravi
- 109. Rohit
- 111. Sai Babu
- 113. Sindhu
- 115. Suresh
- 117. Tk Chattopadhayay
- 119. Vashisht
- 121. Yagnanarayana Kamaje
- 123. Vikasana
- 124. Ramachandra NH

124.Ramith Ramesh

MAKING A DONATION TO THE FOUNDATION:

If you haven't already given to the Foundation, please do consider supporting us now. For details please contact Dr.Manjari Bhatnagar or email us at happinessquotient @ gmail.com.

We have 80G Tax deduction certification for all cash donations.

You can choose the activity or program that you want to support and also choose the date on which this donation should be given through our NEFT facility with Axis Bank, Bangalore.

We have started a special Education Campaign – online for Rs.2500/- per year. We wish to secure at least 100 donors per month from this campaign. 75% of this will be used for the education of children admitted at hospital, 10% will be kept to build a scholarship fund for surviving children who are doing higher studies and 5% to support the siblings of these children, 10% for the administration of this campaign. Appeal to all donors to spread the word and facilitate contributions and donations towards this Education Campaign for children with cancer.

TRUST REGISTRATION NOS. UNDER THE INCOME TAX ACT OF 1961:

Our Certificate under section 12A R/w Section 12 AA (1) (b) (i) of the Income Tax Act 1961-

NO: DIT(E)BLR12A/S-2338/AAJTS8922L/ITO(E)-3/Vol 2012 2013 DATED 10/4/2012

Pan No: AAJTS8922L

80G tax exception certificate no: NO: DIT(E)BLR/80G/5/AAJTS8922L/ITO(E)-3/Vol 2012-2013 dated 10/04/2012

Our Bankers:

Axis Bank – Bangalore Main Branch, MG Road, Bangalore – Trust Account

Our Auditors:

Vasudev Pai and Associates, S- 401/402, Manipal Centre, Dickenson Road, Bangalore Audit records and Balance sheet are available on request.

Our Registered Office :

C/O Gud Deals, No.34. 1st floor, CMH Road, Indiranangar 2nd stage, Bangalore 560038 Email: <u>happinessquotient@gmail.com</u>

OFFICE BEARERS AND COMMITTED VOLUNTEERS - 2015-2016

- Dr.Manjari Bhatnagar Ms.Meera Srivathsan Ms.Vidyavathy B.S Ms Parvathy K.B Ms.Ambika Ms Padma Vishwanathan Mr.Rajinder K Chopra Ms.Tania Khosla Mr. Girish Jayaraju Mr.Naveen Jagannathan Ms.Vandana Misra Ms Barnalee Sarkar Aakanksha Jaypal Ms.Ranjani Ramesh Ms.Niveditha Ahuja Ms.Bhavya Mihira Ms.Yamuna Mr. Aditya Sharad Mrs Bhavani Nanjundeswaran Ms Vijayalakshmi
- Ms.Sandhya Sharad

- Director of Samiksha Foundation- (Wealth management and Theatre)
- Education Program coordinator at KMIO- (Chartered Accountant)
- Teacher and Librarian (Trained teacher and Librarian)
- Teacher and Librarian (Trained teacher and Librarian)
- Storytelling specialist (Trained Storyteller)
- Software professional
- Advisor to the trust (Retired Electrical Engineer, Management Consultant)
- Advisor to the trust (Graphic designer and Art Therapist)
- Regular volunteer and core team member- (software engineer)
- Volunteer and supplier of fruits every Saturday- (software engineer)
- Hindi Teacher (Home maker) Tuesday volunteer
- Special program coordinator and teacher (Dancer)
- Volunteer (Architecture student)
- Volunteer teacher and Admin support (IT professional)
- Saturday volunteer (Events Management specialist)
- Corporate Employee
- Teacher trainer (Retired Montessori Teacher trainer)
- Volunteer (student)
- Trustee and Advisor. (Senior Citizen)
- Trustee and volunteer (Management Consultant)
- Founder of Samiksha Foundation (Architect, Teacher and Social Enterpreneur)



Samiksha Foundation - Caring for Children with Cancer - www.samikshafoundation.org